

Overweight (25.0 - 29.9 BMI)*

		2007			
		n	weighted %	N	95% CI
Gender					
	Male	503	45%	1,127	40.0 - 49.6
	Female	387	28%	1,329	24.8 - 31.9
	Total	890	37%	2,456	33.9 - 40.1
Race					
	Alaska Native (any mention)	199	38%	551	30.0 - 45.7
	Non-Alaska Native	686	37%	1,896	33.4 - 40.1
Age					
	18-24	41	DSU	161	
	25-34	138	38%	415	30.6 - 46.1
	35-44	199	40%	518	33.9 - 46.4
	45-54	229	39%	598	33.0 - 45.1
	55-64	163	40%	428	32.9 - 47.2
	65 or older	113	35%	318	28.6 - 42.7
Education					
	Did not graduate High School	61	DSU	196	
	Graduated High School	255	35%	751	29.0 - 40.9
	Attended College or Technical School	262	37%	708	31.4 - 42.5
	Graduated from College	310	41%	795	35.8 - 46.4
Income					
	Less than \$15K	67	DSU	214	
	\$15,000-24,999	86	34%	245	25.3 - 44.6
	\$25,000-34,999	80	33%	226	25.0 - 42.5
	\$35,000-49,999	135	37%	342	29.8 - 45.8
	\$50,000-74,999	175	42%	447	35.4 - 49.6
	\$75K+	272	39%	721	34.0 - 44.9
Region					
	Anchorage and Vicinity	179	38%	497	33.1 - 43.8
	Gulf Coast	175	32%	498	27.9 - 37.4
	Southeast	174	37%	481	31.8 - 41.6
	Rural	176	34%	490	29.5 - 39.7
	Fairbanks and Vicinity	186	37%	490	32.5 - 42.2

*BMI = weight in kilograms divided by height in meters squared
([weight in kg]/[height in meters]²)

n = Number of respondents who are overweight based on Body Mass Index (BMI) 25-29.9.

% = This is a weighted (adjusted) percentage of the state population (adult) at risk in this demographic subgroup, based on the survey data.

N = Total number of respondents in this subgroup.

95% CI = 95% Confidence Interval; the range of values within which the true value of a prevalence estimate would be expected to fall within, 95% of the time.

DSU = Data Statistically Unreliable

Obesity (30.0+ BMI)*

		2007			
		n	weighted %	N	95% CI
Gender					
	Male	325	27%	1,127	23.2 - 31.2
	Female	422	30%	1,329	26.1 - 33.2
	Total	747	28%	2,456	25.6 - 31.0
Race					
	Alaska Native (any mention)	203	34%	551	27.8 - 40.5
	Non-Alaska Native	541	27%	1,896	24.1 - 30.2
Age					
	18-24	23	11%	161	6.1 - 19.7
	25-34	122	28%	415	21.5 - 35.0
	35-44	148	28%	518	23.1 - 34.4
	45-54	193	34%	598	28.8 - 40.3
	55-64	149	33%	428	27.1 - 40.5
	65 or older	108	33%	318	26.6 - 40.9
Education					
	Did not graduate High School	65	29%	196	20.0 - 38.9
	Graduated High School	257	30%	751	25.3 - 34.9
	Attended College or Technical School	223	29%	708	24.0 - 33.8
	Graduated from College	201	26%	795	21.8 - 31.7
Income					
	Less than \$15K	81	DSU	214	
	\$15,000-24,999	83	28%	245	20.2 - 37.7
	\$25,000-34,999	68	32%	226	23.2 - 41.5
	\$35,000-49,999	96	27%	342	20.9 - 35.2
	\$50,000-74,999	137	30%	447	24.5 - 37.2
	\$75K+	215	28%	721	23.1 - 32.7
Region					
	Anchorage and Vicinity	144	28%	497	23.3 - 32.6
	Gulf Coast	160	30%	498	25.5 - 34.7
	Southeast	143	29%	481	24.5 - 33.7
	Rural	173	34%	490	29.4 - 39.9
	Fairbanks and Vicinity	127	24%	490	20.2 - 28.5

*BMI = weight in kilograms divided by height in meters squared
(weight in kg)/(height in meters)²

n = Number of respondents who are obese based on Body Mass Index (BMI) 30.0+.

% = This is a weighted (adjusted) percentage of the state population (adult) at risk in this demographic subgroup, based on the survey data.

N = Total number of respondents in this subgroup.

95% CI = 95% Confidence Interval; the range of values within which the true value of a prevalence estimate would be expected to fall within, 95% of the time.

DSU = Data Statistically Unreliable